



St. Elisabeth's CE Primary School
PE Overview

Year Group	Games	Dance	Gym	Outdoor and Adventurous Activity
1	Large ball skills Throwing and catching Net Games Aiming games Bat and balls skills Striking and fielding games	Street Dance 'Dressing up' 'Winter Wonderland' 'Are you Spring?' 'The Gruffalo'	Travelling Floor work Apparatus	
2	Striking Games Kicking and Throwing Throwing and Hitting Passing and Aiming Invasion and Net Games Fielding Games	Creation Story Street Dance How Loon Outsmarted Winter Spring	High/Low Floor Work Wide, Curl, Narrow Apparatus	
3	Invasion Games Playground Games Striking and Fielding Games Net and Wall Games	Action Words through Movement Street Dance	Apparatus	Athletics Orienteering
4	Net Games Invasion Games Striking and Fielding Games	Street Dance	Body Shapes Floor Work Apparatus	Athletics Orienteering

5	Net and Wall Games Invasion Games Striking and Fielding	Street Dance	Rolling, Travelling, Symmetry on the floor and on apparatus	Athletics Orienteering
6	Net and Wall Games Invasion Games Striking and Fielding	Street Dancing Country Dancing	Apparatus	Athletics Orienteering

Please note that Years 3, 4 and 5 go swimming.