



St Elisabeth's Primary School

What we teach in Drug and Tobacco Education (DATE)

Reception	How do I feel when I'm ill? What makes us feel better? Who helps us when we are ill? What is safe or not safe to put in our bodies?
Year 1	What goes in our bodies? Know that household products can be harmful. What is inside our bodies? (skin, blood, bones, different organs etc.) What are medicines and why we need them? Using medicines safely
Year 2	People who are special to me Know what is safe to go in our bodies Feeling ill - what to do What are medicines and where should they be kept? Know that household products can be harmful
Year 3	How to develop good peer relationships Risk and safety in a variety of contexts All medicines are drugs, but not all drugs are medicines Drugs can have positive and harmful effects
Year 4	Safety in the home - range of legal drugs encountered in everyday life Understand the effects and risks of alcohol and tobacco Know some basic facts about alcohol and tobacco (cannabis mentioned as a drug) Recognising unwanted influence and peer pressure Saying No
Year 5	Understand the beneficial and negative role that drugs can play in society Recognising risk in different situations and making judgements about behaviour and decisions about personal safety Opportunity to say what they feel they should be taught about drug education Recognising that some role models for young people may portray the wrong image

	Legal or not - the facts (alcohol and drugs) Alcohol units Basic first aid
Year 6	Know about a range of legal/illegal drugs and understand the effect and associated risks Explore attitudes and beliefs about different drugs and the people who use/misuse them Taking responsibility for personal safety and risk taking Recognising unwanted influences and pressures and exercising techniques for resisting them Making the right decisions Recognising the need to ask for help and how to do this