

Your Menu This Week

Week 1
Commencing
2023

Please note, that our menus could be subject to change due to nationwide supply issues.

	Main Dish	Main Dish Vegetarian	Jackets	Dessert
Monday	Homemade Pizza potato wedges peas G,MK	Spanish Omelette potato wedges peas E,MK	with various fillings served with salad	Ginger Biscuit G or fruit
Tuesday	Pork meatballs with spaghetti and tomato sauce Sweetcorn G,MK,SE	Veggie meatballs with spag & sauce with sweetcorn S,G	with various fillings served with salad	Iced sponge G,E,MK or Fruit
Wednesday	Roast chicken breast with stuffing roast potatoes & mixed veg	Vegetarian sausage, roast potatoes, mixed vegetables G,S,SD	with various fillings served with salad	Apple crumble & custard or fruit SE,G
Thursday	Lasagne with garlic bread & salad or broccoli G,MK,S,SD,£	Mascarpone pasta With garlic bread & salad or broccoli G,MK	with various fillings served with salad	Chocolate cornflake cake or fruit G
Friday	Fishcake chips and peas G,F,MK,M	Golden toastie chips and salad G,MK,SE,S	with various fillings served with salad	Sultana flapjack or Yoghurt G,SE

Allergens &

Intolerances:

G=Gluten
MK=milk
M=mustard
S=soya
SE=Sesame
E=Egg
SD=Sulphur
dioxide
C=Celery
F=Fish